



PEARLSON KANAGASABATHI

PROFESSOR & SPORTS PHYSIOTHERAPIST

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PROFESSIONAL SUMMARY

Compassionate and sports therapist with extensive knowledge in Sports injuries and therapy. Dedicated and knowledgeable professional with proven experience in the field. Skilled in providing physical rehabilitation programs, therapeutic exercises, and manual therapy to improve patient mobility, strength, and coordination. Adept at developing individualized treatment plans and educating patients about their conditions. Committed to providing excellent patient care and service. Recognized for the quick and successful recovery of over 1, 10, 000 patients since 25 years.


SKILLS


- **ORTHOPAEDIC MANUAL THERAPIST**
- **CLINICAL TAPING**
- **SPECIALIST DIAGNOSTICS AND PROGNOSTICS**
- **MOTOR SKILLS THERAPY**

WORK EXPERIENCE

- **Director- Shree Saradha Academy**
- **Founder of FIMT (2002-till date) (Federation of Indian Manual Therapists), and its mission is to provide advanced training in the specialty area of orthopedic manual therapy for physiotherapists.**
- **Professor, Padmashree Institute of Physiotherapy. (from October 2006 to June 2023) Bangalore.**
- **Consultant Therapist and Head, Department of Physiotherapy, Padmashree Diagnostics (from June 2006 to June 2023) Bangalore.**
- **Head & Assistant Professor, Department of Physiotherapy, Infant Jesus College of Physiotherapy, (from March 2001 to May 2006), Bangalore.**
- **Clinical physiotherapist, Department of Physiotherapy, St Isabel's Hospital (from 1998-1999 Chennai, Tamilnadu.**

EDUCATION HISTORY

 **Bachelor of Physiotherapy**
Institution: Dr.M.G.R University
• *Year of Graduation: 1999*

 **Master of Physiotherapy**
Institution: University of South Australia
• *Year of Graduation: 2000*

CERTIFICATIONS

-  Seminar and Workshop on The Pelvic Girdle from 19/3/2010 to 21/3/20 10 (20 hours)
-  Certificate in Orthopaedic Manual Therapy, Manual Concepts, Australia in the year 2013.
-  Completed Three days Course in theory, practice and clinical applications of Dry needling program by myopian seminars on August 21-23 2015
-  Sports Physiotherapy Level 1- Accredited Australian Physiotherapy Association - Professional Development Course from 23/12/2019 to 24/12/2019
-  Two days course on Mobilisation of the Nervous system (14 Hours) on August 17th and 18th 2000 by Neuro Orthopaedic Institute Australia
-  Attended 20 hours of instruction Upper Body Live webinar- Cervical and Brachial Plexus by Myokinetic System On Jan 20, 21 2022 (online)

PROFESSIONAL ACHIEVEMENTS

- **Sports Physiotherapist for KHELO INDIA University Games, Bangalore 2022.**
- **Sports Physiotherapist for Karnataka's Second Mini Olympics at Bangalore** Conducted by Dept of Youth Empowerment and Sports, SAI & Karnataka Olympic Association
- Have been a **Guest speaker for pre-commonwealth workshop on sports medicine at Calicut** conducted by Sports Authority of India.
- Conducted **International Scientific and Clinical meet on Neurodynamics** at Bangalore.
- **Founder of FIMT** (Federation of Indian Manual Therapists) and conducted more than 200 workshops in Ambala,, Bangalore, Bhubneshwar, Bhopal, Belgaum, Burdwan, Chandannagore, Coimbatore, Chennai, Cochin, Calicut, Delhi, Duba, Deharadun, Ghaziabad, Hyderabad, Jalandar, Kanpur, Kannur, Kolkatta, Manipal, Mangalore, Moodbidri, Nasik, Patiala, Puducherry, Rajkot, Surat, Surendarnagar, Salem Tumkur, Tirunelveli, Tirupathi, Tellicherry, Vadodara and Vijayawada
- Have taught manual therapy for more than **15000 physiotherapists.**
- Have conducted **5 camps for Spine degenerative disorders.**
- Research project work thesis for evidenced base practice to find efficacy of proprioceptive neuromuscular facilitation, motor relearning program and bobath in stroke patients has been kept as showcase in international conference in Honk kong.

AWARDS



Awarded "Professor Emeritus" on 7th April 2021 on the occasion of the World Health Day at Rajiv Gandhi University of Health Sciences, Bengaluru, Karnataka in recognition of eminent service rendered to the health science education in the affiliated colleges of RGUHS.



Awarded for significant contribution in the field of physiotherapy by Indian Association of Physiotherapy at 57th annual conference held at Palace Ground, Bangalore on 1st and 2nd February Bangalore

PUBLICATIONS



Diagnostic Process for physiotherapists using Manual Therapy in Clinical Practice, Pearlson.K. First Edition, 2022, Iterative international Publishers, BANGALORE. ISBN 978-1-68576-327-5.



Sarkar A, Sibbala N, K P. Examining Sensory-motor Training Versus Impairment-based Training on Pain and Function in Subjects With Knee Osteoarthritis. PTJ 2022; 12 (2) :103-112 URL: <http://ptj.uswr.ac.ir/article-1-532-en.html>



Shaily Sharma, Pearlson K, Nagaraj S. Impact of hamstring flexibility on functional performance of collegiate football players. Int J Yogic Hum Mov Sports Sciences 2022;7(1):83-86. DOI: <https://doi.org/10.22271/yogic.2022.v7.i1b.1267>



Sah, Manish & Nagaraj, Sibbala & Pearlson, K & Bangalore, India. (2021). "GONG'S MOBILIZATION VERSUS CYRIAX MANIPULATION ON RANGE OF MOTION AND FUNCTION RECOVERY IN SUBJECT WITH FROZEN SHOULDER" -A COMPARATIVE STUDY. International Journal of Development Research. 7. 13260 - 13268.



Nitesh B and Pearlson.K, Effect of Proprioceptive Training on Fear of Re-Injury and Functional Performance in Athletes with Lateral Ankle Sprain (LAS), , RJPT 2021;1(1):1-6